



Mission~

The Wellness Collective strives to create a comfortable therapeutic environment where a safe, collaborative relationship between clients and counselors can be established. The partnership between counselor and client facilitates the ability to examine issues, set goals and work together to achieve your desired outcome. We provide services to individuals, couples, and families for a variety of issues, well as group therapy opportunities for adolescents and adults. Postpartum home visits are available for new moms to help ease the transition as well.

Counseling Approach~

Counseling is an intricate journey powered by the relationship established between the client and the counselor. This relationship is one based on trust and unconditional acceptance as we unfold and navigate different paths to bring restoration and balance to your life. Trusting that you are the expert of yourself, I will be a supportive sounding board that will encourage, challenge and positively confront you to reach your goals. There are both exciting and painful risks that may present themselves in as you engage in the counseling process, ones that will ultimately bring fulfillment. I look forward to partnering with you; please feel free to ask if you have any questions.

Appointments~

Each appointment will last up to 50 minutes, although this time can be adjusted as the counselor and client see fit. Sessions will begin and end promptly as designated to best respect your time. Frequency of appointments will be coordinated between the client and therapist based on present need, availability, and fiscal considerations.

Please call as early as feasible if you are not able to attend your session. We reserve the right to assess a \$25 'no-show' fee for appointments that are not cancelled in advance. Appointments where the client is fifteen minutes late will be considered a cancelled appointment without received communication.

Fees~

Fees for counseling will be \$70.00 per office session for individuals, and \$90.00 for couples. Postpartum home visits are available at \$100.00 to cover travel. If this fee is not feasible, please speak to me. Payment is due at the time services are rendered; credit cards (Visa, Mastercard, & Discover), as well as cash and check payments are acceptable. There will be a \$25 fee assessed for any returned checks.

Minors~

Except during sessions, all minors must be accompanied by a parent or guardian. When a minor is in session with his/her therapist, a guardian must be present in the waiting room. If you are under 18 years old, your guardian has legal rights to your file and may give permission to release information.

For adults attending sessions, please understand that this intimate time of self focus is productive only without distractions. Please do not bring children or infants to your session; we will be more than happy to reschedule a better time for you if childcare is unavailable.

Professional Roles/Boundaries~

Your therapist holds many roles within the community. You may, therefore, encounter your therapist outside of the counseling setting. Should this happen, your confidentiality will be protected by not acknowledging our relationship unless initiated by you.

Confidentiality~

All of our conversations are sanctioned as confidential according to Michigan state laws. There are a few exceptions that would make a breach of this necessary. These include:

- If you threaten to harm yourself or others
- If you report abuse or neglect of a child, disabled, or elderly person
- If you report sexual exploitation by a health professional
- Report of your intent to commit a felony
- If your counseling records are subpoenaed by a state or federal court
- If you sign a Third Party Release Form.

Your File & Rights~

As mandated by law, counselors must keep records of their clients. Your file will contain your signed Informed Consent form, case notes, treatment plans, and any worksheets you complete, handouts etc. If at any time you would like to review your file, please let me know and we will schedule a time for this purpose.

As a respected client, you have the right to refuse any suggestions given to you in the counseling session. You have the right to not talk about something that you don't want to. You also have the right to inform us should you decide to end counseling. In this case, we request that you schedule a final session to bring closure to our work together.

Education~

Claire Maurer-Hogan, MA, LPC, NCC

License Number 6401011778
Masters of Arts, Professional Counseling
Central Michigan University

Questions or Concerns~

If you have questions or concerns about this disclosure statement or any of the services offered to you, please feel free to discuss them with your counselor. You may also direct your concerns to Michigan Department of Community Health, Health Regulatory Division, P.O. Box 30670, Lansing MI, 48909. Phone Number: 517.373.9196

Consent to Treatment~

X _____

Client Signature

Date